

Have you seen our IoD Academy?

The IoD Academy is 116 Pall Mall's purpose built, state-of-the-art training facility.

This new addition to our third floor includes two flexible training suites, coaching rooms, audio-visual equipment, a separate reception, breakout areas, private access via our stunning refurbished lift, alongside a refueling station and barista bar.

IoD Academy has been designed with a range of different spaces that are perfect for training courses, seminars, webinars, filming, coaching and much, much more.

Please speak to the reception team if you would like to take a tour of this new space

Don't forget you can book our private meetings rooms on the day from £50 an hour

Find out more: 116pallmall.com/training

Buddha bowls at Café Duke

We will be introducing Buddha bowls – a healthy food range from Wednesday 2 January 2019

Buddha bowls, sometimes referred to as glory or hippie bowls, are hearty, filling dishes made of various greens, raw or roasted veggies, beans and a healthy grain like quinoa or brown rice. Proteins such as vegan tofu, chicken or oily fish will complement the dish.

Come and try this new healthy offer!

We use a wide range of ingredients in our kitchen, some of which may contain allergens.

If you have a specific allergy or dietary requirement, please let us know. We would love to tell you what's in our food to assist you with your choice. (V) Suitable for vegetarians. (VG) Suitable for vegans.

Drinks menu

Coffee & Tea

Americano	3.25
Cappuccino / Latte / Flat white	3.5
Mocha	3.8
Espresso	2.7
Macchiato	2.7
French press	4
Loose leaf tea	3.5
English Breakfast, Earl Grey, Chamomile Flowers, Oriental Sencha, Peppermint, Ginger & Lemon	

Cold drinks

Mineral water - still / sparkling - 330ml / 750ml	2 / 4
Freshly squeezed juices - Orange / apple	3.5
Fruit juice - Cranberry / grapefruit / pineapple / tomato	2
Coke / Diet Coke (330ml bottles)	3
Bitter lemon / Ginger ale / Lemonade / Tonic water / Soda water	2

Champagne & Prosecco

IoD Champagne, Beaumet, NV	10 / 60
Prosecco Astoria, DOC Treviso, Italy NV	6.95 / 36

White wine

Sauvignon Blanc, Las Condes, Chile	5.6 / 24
Pinot Grigio, Palazzo Grimani, Italy	7.25 / 32
Viognier Pays d'Oc, La Borie, France	8 / 32

Rosé wine

Château Beaulieu, Provence, France	7.5 / 32
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Red wine

Côtes du Rhône, France	7.5 / 31
Malbec, Chamiza, Argentina	7.5 / 33
Château de Terrefort Quancard, Bordeaux Supérieur, France	9 / 39

Beers & Ales

Spitfire 500ml	5
Beck's 275ml	3.95
Budweiser 330ml	4

Lounge menu

Breakfast / Served 8am – 12pm

Croissant, served with jams / marmalade	2.5
Pain au chocolat	2.5
Hazelnut and apricot granola, Greek yoghurt, fresh berries	5.5
Porridge, banana, blossom honey	5.5
British pork sausage bap	6
Spicy smashed avocado, eggs, tomato, sourdough bread (v)	7
Eggs any style, sourdough bread (v)	7
Eggs Benedict/Florentine (v)	7.5
Smoked salmon, scrambled eggs on English muffin	9.5

The Big Breakfast

Free-range eggs, bacon, Cumberland sausages, black pudding, mushrooms, grilled tomato, baked beans, toast with preserves. Tea/coffee and fruit juice.	13
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Supplements - Bacon, sausages, black pudding, mushrooms, grilled tomato, baked beans, smoked salmon	all 1.5
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Salads

Quinoa - Roast vegetables, butternut squash, orange segments, mixed leaves, orange dressing, coriander (VG)	7.50 / 12.50
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Mexican prawns - Sweetcorn, kidney beans, baby gem, shallots, jalapeño dressing	9 / 13
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BBQ chicken - Celeriac remoulade, sweetcorn, baby gems, mix leaves, vinaigrette	9 / 13
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Pulled pork - Mixed crispy leaves, celery, apple, sultanas, pumpkin seeds, house dressing	9 / 13
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Bakery

Carrot cake	4
Nutty brownie	3
Lemon drizzle cake	3.5
Salted caramel millionaire shortbread	3
Oatmeal or white chocolate chip Cookie	2
Muffins	3

Sandwiches (served with garnish)

Brie, red onion marmalade, spinach, bocata (V)	7.5
Butternut squash, spinach, sun-dried tomatoes, pumpkin seeds, foccacia (VG)	7.5
Grilled courgettes & peppers, marinated artichokes, tofu, baba ganoush, multigrain baguette (VG)	7.5
Chicken mayo, iceberg, tomato, avocado wrap	7.8
Ham & cheese panini	8
Smoked salmon, cream cheese, avocado, bloomer	8.5
Roast beef, horseradish creme fraiche, watercress, brown bread	8.8

IoD Club sandwich - Free-range chicken, avocado, stricky bacon, egg mayo, tomato, baby gem	10.50
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Add French fries to any sandwich	3
Soup of the day	5.5